



# Colorado WIC Program

## Physician Authorization Form

### For WIC Special Formulas and WIC Supplemental Foods

This is a medical documentation request for medical formula and foods.

- This request is subject to WIC approval based on program policy and procedure.
- **Please FAX or return the completed form to your local WIC clinic.**

WIC clinic:	
WIC FAX #:	
Attention:	

Patient's name (Last, First, MI):	DOB:
Parent/Caregiver's Name:	

#### I. WIC Supplemental Foods

Medical provider must complete the following if a modified food package is required due to a medical condition:

- ☐ Patient requires a modified food package based on a medical condition:
- ☐ Infant  $\geq 6$  months cannot tolerate solid foods; provide additional formula only.
  - ☐ Child  $\geq 12$  months receiving special formula and tolerating infant fruits and vegetables; provide infant fruits and vegetables in lieu of fruits and vegetables.

WIC RD/RN will determine appropriate foods unless health care provider indicates otherwise.

- ☐ **No food restrictions**; provide full amount of age-appropriate WIC foods.
- ☐ **Omit** the following food(s) based on medical condition(s):

- Infant 6 - 11 months **omit**:
  - ☐ Infant cereal
  - ☐ Infant fruits/ vegetables
- For children  $\geq 12$  months or women **omit**:
  - ☐ Milk
  - ☐ Cheese
  - ☐ Whole grains
  - ☐ Breakfast cereals
  - ☐ Legumes
  - ☐ Peanut butter
  - ☐ Fruits & vegetables
  - ☐ Juice
  - ☐ Fish (exclusively breastfeeding women only)
  - ☐ Eggs

Optional:

**Substitute whole milk** or reduced fat (2%): For women and children  $\geq 2$  years; whole milk and 2% milk are **ONLY** available if the patient is receiving special formula or supplement for a medical condition(s).

**Substitute soy milk or tofu** for milk or cheese.

Special instructions: \_\_\_\_\_

#### II. Health Care Provider Information

Signature of health care provider:		
Provider's name (please print):		
Medical clinic/hospital:		
Phone:	FAX:	Date:
<b>WIC Use Only</b>		
Approved by:	Date:	Rx exp. date:

#### III. Formula (Please select from list on page two.)

Section 1: Standard Contract CO WIC Formulas			
Standard Contract CO WIC Formulas:	<input type="checkbox"/> Enfamil Infant <input type="checkbox"/> Enfamil ProSobee	<input type="checkbox"/> Enfamil Gentlease <input type="checkbox"/> Enfamil Reguline <input type="checkbox"/> Enfamil AR	
	<p>● <b>NO PRESCRIPTION IS NEEDED FOR INFANTS (up to age 12 months)</b></p> <p>● A prescription is needed to issue standard formula for children older than 12 months of age.</p> <p>● A prescription is needed to issue additional formula to 6- to 11-month-old infants who cannot tolerate solid foods.</p>		
Section 2: Non-Metabolic Specialty Formulas			
<p>Many of these products have been impacted by the recent shortages and the Abbott recall. Therefore, they may not be consistently available. COWIC may provide the following formulas as temporary substitutes.</p> <ul style="list-style-type: none"> <li>First, check a diagnosis category in the left column.</li> <li>Second, review the corresponding formulas on the right and check the box. Please strike through any formula choices that are NOT appropriate for your patient. All formulas that are not crossed out (in the row corresponding to the diagnosis category) may be provided to your patient based on availability.</li> <li>Please also complete sections A, B, and C on page three to further specify the qualifying medical condition.</li> </ul>			
<input type="checkbox"/> <b>Prematurity:</b> 22kcal/oz high calorie formulas.	<input type="checkbox"/> Enfamil Neuropro EnfaCare OR Similac Neosure		
<input type="checkbox"/> <b>Milk/Soy Allergy or Intolerance/Other:</b> Hypoallergenic formulas for Infants.	<input type="checkbox"/> Nutramigen with Enflora LGG OR Nutramigen OR Similac Alimentum OR Comforts Hypoallergenic OR Gerber Extensive HA OR Parent's Choice Hypoallergenic OR UP and UP Hypoallergenic  <input type="checkbox"/> Pregestimil		
<input type="checkbox"/> <b>Severe Allergies/FPIES/Other:</b> Amino acid-based formulas for infants.	<input type="checkbox"/> Elecare Infant OR Neocate Infant OR Neocate Syneo Infant OR PurAmino Infant OR Alfamino Infant		
<input type="checkbox"/> <b>Milk/Soy Protein Allergy or Intolerance/Other:</b> Amino acid-based formulas for children 12 months+.	<input type="checkbox"/> Elecare Jr. OR Alfamino Jr. OR Neocate Jr. OR Neocate Jr. with Prebiotics OR Neocate Splash OR Equacare Jr. OR Essential Care Jr.		
Section 3: Supplements and Metabolic Formulas			
In this section, please check all appropriate formulas for your patient			
Supplements:	<input type="checkbox"/> Boost High Protein <input type="checkbox"/> Boost Kid Essentials 1.5 cal <input type="checkbox"/> Boost Kid Essentials 1.5 cal with fiber <input type="checkbox"/> Bright Beginnings Soy Pediatric Drink <input type="checkbox"/> Compleat Pediatric	<input type="checkbox"/> Ensure <input type="checkbox"/> Ensure Plus <input type="checkbox"/> Nutren Junior <input type="checkbox"/> Nutren Junior with Prebio Fiber <input type="checkbox"/> Nutren 1.0 <input type="checkbox"/> Nutren 1.0 with Fiber <input type="checkbox"/> Nutren 1.5	<input type="checkbox"/> Nutren 2.0 <input type="checkbox"/> Osmolite 1 Cal <input type="checkbox"/> PediaSure <input type="checkbox"/> PediaSure with Fiber <input type="checkbox"/> PediaSure Enteral <input type="checkbox"/> PediaSure Enteral with Fiber <input type="checkbox"/> PediaSure 1.5 cal <input type="checkbox"/> PediaSure 1.5 cal with Fiber
Supplements for Special Medical Needs:	<input type="checkbox"/> Enfaport <input type="checkbox"/> Peptamen <input type="checkbox"/> Peptamen with Prebio Fiber <input type="checkbox"/> Peptamen Junior	<input type="checkbox"/> Peptamen Junior with Prebio Fiber <input type="checkbox"/> Portagen <input type="checkbox"/> Similac PM 60/40	<input type="checkbox"/> Tolerex <input type="checkbox"/> Vivonex Pediatric <input type="checkbox"/> Vivonex T.E.N.
Formulas for Inherited Metabolic Diseases:	<input type="checkbox"/> Calcilo-XD <input type="checkbox"/> Cyclinex-1 & 2 <input type="checkbox"/> Glutarex-1 & 2 <input type="checkbox"/> GA-1 Anamix Early Years <input type="checkbox"/> HCU Anamix Early Years <input type="checkbox"/> Hominex-1 & 2 <input type="checkbox"/> IVA Anamix Early Years <input type="checkbox"/> I Valex-1 & 2 <input type="checkbox"/> Ketonex-1 & 2 <input type="checkbox"/> MMA/PA Anamix Early Years	<input type="checkbox"/> MSUD Anamix Early Years <input type="checkbox"/> MSUD Maxamum <input type="checkbox"/> Phenex-1 & 2 <input type="checkbox"/> PhenylAde Essential Drink Mix <input type="checkbox"/> Phenyl-Free 1 & 2 <input type="checkbox"/> Phenyl-Free 2 HP <input type="checkbox"/> PKU Periflex Early Years <input type="checkbox"/> PKU Periflex Junior Plus <input type="checkbox"/> Pro-Phree <input type="checkbox"/> Propimex-1 & 2	<input type="checkbox"/> ProViMin <input type="checkbox"/> RCF <input type="checkbox"/> Tyrex-1 & 2 <input type="checkbox"/> TYROS-1 & 2 <input type="checkbox"/> XPhe Maxamum <input type="checkbox"/> TYR Anamix Early Years <input type="checkbox"/> XLeu Maxamum <input type="checkbox"/> XMet Maxamum <input type="checkbox"/> XMTVI Maxamum
Human Milk Fortifier:	<input type="checkbox"/> Similac Hydrolyzed Protein HMF CL liquid*(*New form required monthly, do not exceed 20 packets/day, stop when infant is above 3.5 kg, only for premature infants with criteria according to NICU CO guidelines)		

Medical provider must complete Sections A, B and C.

A. Qualifying medical condition(s):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Prematurity                          | <input type="checkbox"/> Feeding issues                  | <input type="checkbox"/> Impaired nutrient absorption or nutritional deficiency (please specify: _____) |
| <input type="checkbox"/> LBW                                  | <input type="checkbox"/> Chewing/swallowing issues       | <input type="checkbox"/> Medical condition (please specify: _____)                                      |
| <input type="checkbox"/> SGA                                  | <input type="checkbox"/> Multiple or severe food allergy | <input type="checkbox"/> Metabolic disorder (please specify: _____)                                     |
| <input type="checkbox"/> Underweight                          | <input type="checkbox"/> Milk allergy                    | <input type="checkbox"/> Other (please specify: _____)  |
| <input type="checkbox"/> Slow weight gain                     | <input type="checkbox"/> Soy allergy                     |   |
| <input type="checkbox"/> Weight loss                          | <input type="checkbox"/> Gastrointestinal disorders      |   |
| <input type="checkbox"/> FTT                                  | <input type="checkbox"/> Persistent vomiting/diarrhea    |   |
| <input type="checkbox"/> Developmentally not ready for solids | <input type="checkbox"/> Tube feeding                    |   |

B. Quantity:

Daily amount (choose one): ☐ Max allowable ☐ Ounces/day \_\_\_\_\_ ☐ Containers/day \_\_\_\_\_ ☐ Packets per day \_\_\_\_\_

C. Duration:

- ☐ 1 month    ☐ 2 months    ☐ 3 months    ☐ 4 months    ☐ 5 months    ☐ 6 months

Special Instructions

Patient's name: \_\_\_\_\_ DOB: \_\_\_\_\_